

## Connecticut Turkey Guide

### *Your guide to eating local this Thanksgiving*



Thanksgiving is around the corner and there isn't a better way to give thanks then to support your local farmers. buyCTgrown works to make it easy for you to find the local ingredients you need for your big meal! Looking for something new and different, try a heritage Turkey for an authentic Thanksgiving taste! **Below is a list of a few farms that we have highlighted that can provide you with your Connecticut raised turkey this Thanksgiving! Most farms take Thanksgiving pre-orders, make sure to call in advance!** We've also included a recipe section brought to you by farmers and [10% Partners](#) across CT!

#### [Cedar Hill Farms](#) – Orange

##### **Pre-Orders Only**

##### **Fresh Turkey, Not Frozen**

*Farmers:* Stephen and Rachel Bespuda

814 Glenbrook Road, Orange, CT

(203) 889-7282

*About the Farm: Cedar Hill Farm, located in Orange, CT and has been in the Bespuda Family since 1929. Cedar Hill Farm sells poultry and pastured raised beef. They raise broiler chickens throughout the spring and summer as well as Thanksgiving turkeys in the fall. All of our animals are raised on the farm in Orange, CT. Their beef and poultry are all natural and contain no added hormones.*



#### [Stone Gardens](#) – Shelton

## **Pre-Orders Only**

### **Fresh Turkey, Not Frozen**

*Farmers:* Stacia and Fred Monahan

83 Saw Mill City Rd., Shelton, CT

(203) 929-2003

Orders for Thanksgiving turkeys may be placed by e-mailing Fred or Stacia Monahan at [stonegds@comcast.net](mailto:stonegds@comcast.net)

*About the Farm: Fred and Stacia Monahan have been farming since they were both kids. The Monahans grow a wide variety of seasonal produce, as well as raise grass-fed beef, pork, and poultry, which are processed and sold directly to customers. Turkeys available by pre-order only Turkey pick up Nov. 23, 24, and 25, 2015 from 10 am- 6pm at our farm stand in Shelton. Turkeys are processed here the week of Thanksgiving fresh and are never frozen.*

[stonegardensfarm.com](http://stonegardensfarm.com)



### **[Holbrook Farm](#) - Bethel**

#### **Call for more information about 2015 Turkeys**

*Farmers:* John and Lynn Holbrook

45 Turkey Plain Road, Bethel, CT

(203) 792-0561 [info@holbrookfarm.net](mailto:info@holbrookfarm.net)

*About the Farm: Holbrook Farm is a family farm; however, it is not the traditional version of a farm that has been tilled by the same family for generations. Although we have lived on the property for over 40 years, the expansion of our farm to one that welcomes visitors is relatively new. Holbrook Farm has been clean of pesticides and herbicides for at least the last 30 years that we have owned the land.*

[www.holbrookfarm.net](http://www.holbrookfarm.net)



### **[Millstone Farm](#) - Wilton**

#### **Organic Free Range Turkeys**

#### **Pre-order (ALMOST SOLD OUT)**

*Farmer:* Annie Farrell

180 Millstone Road, Wilton, CT

(203) 834 2605

*About the Farm: An exemplary model of sustainable agriculture, Millstone Farm is as beautiful as it is efficient. On the seventy-five acre farm, long, neat rows of vegetables line the garden and melons are perfectly suspended from an overhead trellis. Heritage chickens, sheep, and pigs roam in spacious pens that are part of a larger rotational grazing system, which stretches out over a rolling, pastoral landscape.*

[millstonefarm.org](http://millstonefarm.org)



### [CT Farm Fresh Express](#)

**Pre-order Online at [www.ctfarmfreshstore.com](http://www.ctfarmfreshstore.com)**

Owner: Deb Marsden

(860) 873-8760

*About Farm Fresh Express: We are a Farmer's Market to your door. CT Farm Fresh customers place their orders on line weekly for farm fresh produce, milk, yogurt, baked goods, meats, cheese and many other locally grown or produced products. We go to the farms and pickup what was ordered, freshly picked or prepared just for us, and then we deliver directly to their doorsteps. The best part is we do this ALL YEAR long! Our website is open for ordering Thurs-Tuesday's, Delivery day is always on Thursday's*



### [Golden Acres Farm](#) - Harwinton

**Free-Range Turkeys Available**

**Pre-Order**

Farmer: Mike and Cindy Orefice

231 Leadmine Brook Road, Harwinton, CT

(860) 485-9155

*About the Farm: Michael and Cindy Orefice have always wanted a farm of their own because, as Mike puts it, "farming is in our blood". As a child, Cindy spent a lot of time helping on her grandfather's dairy farm in Bristol and Mike's grandfather was a farmer too. Mike and Cindy now manage a 108-acre farm, where they raise goats, lambs, and free-range turkeys. They also offer fresh eggs, honey, cut-your-own Christmas trees, and they even have a lumber mill where they process lumber from their own trees.*

### [White Gate Farm](#) - East Lyme

### **Call for more information about 2015 Turkeys**

*Farmer:* Pauline Lord

83 Upper Pattagausett Road, East Lyme, CT

(860) 739-9585 [info@whitegatefarm.net](mailto:info@whitegatefarm.net)

*About the Farm: Occupying 100 acres of East Lyme in the Southeastern corner of Connecticut, White Gate Farm has been certified organic since 2000. Three of the farm's acres are used for growing organic produce, for pasturing organic turkeys, lambs, meat chickens and laying hens, and for raising organic flowers. Make a deposit on your turkey online. [whitegatefarm.net](http://whitegatefarm.net)*



### **[Soeltl Farm](#) - Salem**

#### **Call for more information about 2015 Turkeys**

*Farmer:* Donna Lesczczynski

395 Forsyth Road, Salem, CT

(860) 887-3329

*About the Farm: Soeltl Farm started out as a small family homestead that was growing good wholesome food naturally for their family. Their livestock is raised in a humane manner, never any growth hormones or persistent medicines used with preventative maintenance our first line of defense. They offer Beef, Pork, Chicken, Turkey, Goose, Ducks and Eggs, in season products and Dairy Products*



### **[Tulemeadow Farm](#) - West Simsbury**

#### **Call for more information about 2015 Turkeys**

*Farmers:* Pam Kelley or Don Tuller

255 Farms Village Road, West Simsbury, CT

(860) 658-1430

*About the Farm: Surrounding the center of beautiful downtown West Simsbury, the 265 acres of Tulemeadow Farm has been farmed by members of the Tuller family since 1768. We raise vegetables, both in greenhouses for early season availability, and in the fields, that we sell in the Farm Store. We also raise hay and make silage bales, both for sale and to provide feed for our herd of grass-fed beef cattle. Tulemeadow has become best known for the gourmet ice cream made here on the farm. Ice cream is scooped at the farm store mid-April through October 30th. [tulmeadowfarmstore.com](http://tulmeadowfarmstore.com)*



### [CCC Farm Stand and Market](#) - Manchester

**Carrying Fresh turkeys from Ekonk Hill Turkey Farm Pre-order only until 11/19/15**

*CCC Farm Stand Owner:* Rachel Bispuda

35 Oakland St., Manchester , CT 06042

(860) 647-9384

*About the Farm Stand: Carrying CT grown and manufactured products from over 30 CT producers, CCC Farm Stand and Market located in Manchester, CT is open year around! Stop by for vegetables and fruit when in season as well as a vast selection of meats, dairy products, baked and canned goods, crafts and seasonal items.*



### [Cackleberries, Egg, & Meat Farm](#) - West Hartland

**Call for more information about 2015 Turkeys**

*Farmer:* Sal Barone

114 Hi View Road, West Hartland, CT

(860) 379-7447

*About the Farm: Cackleberries Egg and Meat farm is a small family owned farm and has been since 2000.*

### [Red Fence Farm](#) - Groton

**Call for more information about 2015 Turkeys (ONLY A FEW LEFT)**

*Farmer:* Arthur Hiles

2 Daboll Road, Groton, CT

(860) 446-8929

*About the Farm: We are a very small family farm, located in Groton. We raise antique breeds of animals, both to preserve these breeds and to provide ourselves with red quality and chemical free foodsource. Visits to our farm are available by appointment only, due to our busy schedule. We would love to have you visit, please call first.*

### [Terra Firma Farm](#) - Stonington

## **Pasture Raised Standard White Turkeys Available**

Farmer: Brianne Casadei

330 Al Harvey Road, Stonington, CT

(860) 535-8171 [info@terrafirmafarm.org](mailto:info@terrafirmafarm.org)

*About the Farm: Terra Firma Farm was created to establish a working farm and educational academy for the communities of Southeastern Connecticut. The farm includes cows; laying hens & their roosters; goats & their kids; sheep & their lambs, rabbits, turkeys; miniature donkeys and Tamworth pigs. Aside from the animals we have vegetable, community and children's gardens; and exceptional year-round educational programs. [www.terrafirmafarm.org/](http://www.terrafirmafarm.org/)*



## **Cook Hill Farm - Griswold**

### **Call for more information on 2015 Turkeys**

Contact Info: 114 Cook Hill Road, Griswold, CT

(860) 376-5706

*About the Farm: Visit Cook Hill Farm where you can find the finest Cotswold sheep, Auracana & Polish crested chickens, and turkeys.*

## **Abbott Spring Farm - Pomfret Center**

### **Call for more information on 2015 Turkeys**

Farmer: James Labbe

293 Brayman Hollow Road, Pomfret Center, CT

(860) 974-2484

*About the Farm: Abbott Spring Farm features lambs, turkeys, organic beef cattle, pigs, capons, fresh eggs, and hay.*

## **Ekonk Hill Turkey Farm - Moosup**

### **Call for more information about 2015 Turkeys**

Farmer: Rick Hermonot

227 Ekonk Hill Rd., Moosup, CT 06354

(860) 564-0248

*About the Farm: Ekonk Hill Turkey Farm is a small family farm where they raise free-range turkeys. Their mission is to celebrate the tender loving care that goes into the local foods grown on small family farms. They also have raw organic goats milk and are adding capons and heritage breed turkeys for sale this fall! Their products are sold in their farm store which is open year round. [www.ekonkhillturkeyfarm.com](http://www.ekonkhillturkeyfarm.com)*



Some locally sourced recipes featuring local and seasonal CT ingredients from our [10% Campaign Partners](#):



[Root Veggie Bisque](#)



[Sweet Potato & Kale Gratin](#)



[Oyster, Chicken Sausage, Kale & Squash Thanksgiving Stuffing](#)



[Sweet Corn Casserole](#)



[Pumpkin Muffins](#)



[Potato Leek Soup](#)





## Roasted Root Vegetables